To Our Guests

We are glad you are here! Please complete a Connect Card located in the seat back in front of you. Bring the card to the Information Desk in the lobby after the service to receive a special gift. During the service we will receive an offering. Your presence here today is your gift to us, so please feel no obligation to give unless that is your choice. Located inside the Worship Center are the Cradle and the Crib. The Cradle is a private area for mothers and babies only. The Crib may be used by parents with their preschool children.

• Ear sound softeners are available at the information desk in the lobby.



Ways To Give

- 1. Place gift in offering pouch during service
- 2. Text "Shadowhills" to 77977
- 3. Download and give via Shadow Hills church app
- 4. Visit shadowhills.org/give

Deacons On Call This Week

Our Deacons on Call assist the pastoral staff with hospital visitation and prayer. If you need assistance, please don't hesitate to contact one of the individuals listed below.

Tony Yousfi Jim Robertson Dave Eggebrecht 702-591-3391 702-576-6877 702-533-2024

Tim McCreary Dennis Powell 702-328-6159

702-873-5620



WITH CROOKED HALOS "LEARNING TO COPE"

PASTOR MICHAELROCHELLE



I. Address ANGER

Make A Commitment: Live in <u>HARMONY</u> in the Lord. "... be of the same mind in the Lord." -Philippians 4:2 (NIV)

Show Your Compassion: <u>HELP</u> these women "... help these women." -Philippians 4:3 (NIV)

Demonstrate Gentleness: <u>REJOICE</u> always... "Let your gentleness be evident to all people." -Philippians 4:5 (NIV)

II. Abolish **ANXIETY**

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." -Philippians 4:6 (NIV)

Decide: NOTHING is worth being anxious about

Decide: **EVERYTHING** is worth my prayers

What to pray about: **EVERYTHING**

Pray With:

- 1. Adoration: Talk to God about GOD
- 2. Supplication: Make REQUESTS
- 3. Appreciation: Say THANKS in advance

III. Avoid ABUSE

"Finally brothers, whatever's true, whatever's noble, whatever's right, whatever's pure, whatever's lovely, whatever's admirable, if anything is excellent or praiseworthy, think about such things."

-Philippians 4:8 (NIV)

Focus on:

True: That which will not let you down.

Noble: That which lifts your eyes up.

Right: Things being done God's way.

Pure: That which is so cleaned it is ready to be brought into God's presence and used in His service.

Lovely: That which motivates love.

Admirable: The things that are fit for God to hear. **Excellent:** Mental excellence or moral quality or physical power.

Praiseworthy: Anything that calls down the approval of God.

"Whatever you have learned or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you." -Philippians 4:9 (NIV)

NOTES: