



Lessons for Life

FOLLOWING YOUR HEART
Making A Difference - 3
October 22/23, 2011
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"As a face is reflected in water, so the heart reflects the person." Prov. 27:19 (NLT)

HEART = your interests, passions, desires

"It is God who produces in you the desires and actions that please Him." Phil. 2:13 (GW)

When I do what God shaped me to do,

I ENJOY IT and I AM GOOD AT IT

I. WHAT KEEPS ME FROM FOLLOWING MY HEART?

- **DISAPPOINTMENT**

"Hope deferred makes the heart sick." Prov. 13:12 (NIV)

- FEAR

"Anxiety in a man's heart weighs it down..." Prov. 12:25 (Amp)

- GUILT

"My sins have caught up with me so that I can no longer see....I have lost heart." Psalm 40:12 (GW)

- BITTERNESS

"When my heart was bitter and I was angry, I was senseless." Psalm 73:21-22 (NCV)

- REJECTION

"They cut me down with sharpened tinges; they aim their bitter words like arrows straight at my heart." Psalm 64:3 (LB)

"Whatever you do, work at it with all your heart, as working for the Lord, not for men." Col. 3:23 (NIV)

II. HOW DO I FOLLOW MY HEART?

1. OPEN YOUR HEART

Jesus: "I am standing and knocking at your door. If you hear My voice and open the door, I will come in and we will eat together." Rev. 3:20 (CEV)

2. LET GOD HEAL YOUR HEART

"The Lord is close to the brokenhearted and saves those who are crushed in spirit." Psalm 34:18 (NIV)

"I run in the path of Your commands, for You have set my heart free." Psalm 119:32 (NIV)

3. ***LISTEN TO YOUR HEART***

"Be honest in your estimate of yourselves." Rom. 12:3 (NLT)

- *What do I love to do?*
- *What do I dream of doing?*
- *What fascinates me? (I don't get bored)*
- *Where have I been most effective?*

4. ***CONSIDER YOUR OPTIONS***

"Desire without knowledge is not good, and to be overhasty is to sin and miss the mark." Prov. 19:2 (Amp)

"...you should meet together and encourage each other." Heb. 10:25 (NCV)

5. ***LAUNCH OUT IN FAITH***

"Delight yourself in the Lord and He will give you the desires of your heart." Psalm 37:4 (NIV)

"You Lord, have given me greater joy than those who have abundant harvests of grain and wine." Psalm 4:7 (NLT)